

CORRY MACDONALD



SUGGESTED TOPICS FOR DISCUSSION

CREATING HEALING

Whatever is troubling and hurting you – whether body/mind/spirit – Creating Healing process will teach you to pour your emotions into the art to uncover your Authentic Self. Step into this safe space of trust and deep respect if you are ready to alchemize your pain and move your heavy energy into the light.

CREATIVE INTELLIGENCE

Corry is a Creative Healer integrating her training as an art therapist, HeartSpeaker and energy healer into her advanced cognitive coach training. With nearly a decade of cross cultural experience, she helps people activate their Creative Intelligence transforming challenges into wisdom and information through her signature creative method to access infinite potentials.

THE BOOK

Life In Full Colors

Unlock Your Childlike Curiosity to Uncover and Activate the Creative Intelligence You Are
7 Transformative Tools For Leveraging Life's Challenges as Your Ultimate Creative Material

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SUGGESTED QUESTIONS

- What are the most common signs that show that you are not seeing life in full colors?
- When did you realize you could heal yourself? Can you tell us a story of your first experiences as an artist?
- I know that you have spent over two decades of cross-cultural living with your husband and three teenagers in five countries. How did it impact your art, and how did it spark the desire to help people worldwide uncover their innate ability to create a life in full colors.
- As a transpersonal art healer, you intertwine your findings from your personal life experiences and those you have had the honor of working within both workshops and private sessions. Where else do you seek inspiration and guidance?
- Healing can be a painful process. No method works for everyone in the same way. How do you manage your clients' expectations and the way they respond to the healing process? Do you usually find resistance or disbelief from them at some point?
- Depression, anxiety, stuckness, fear of the unknown, high levels of stress, resentment, anger, sadness, to name a few... Why do you think people are getting so frustrated and even hurting themselves – whether body/mind/spirit?
- Does a person who wants to experience creative healing need any ability or skill for a successful outcome? How would someone who doesn't feel confident about their creativity level feel comfortable to even try a session? What exactly is the 'art' component like in art therapy?
- In your upcoming book *Life In Full Colors: Unlock Your Childlike Curiosity to Uncover and Activate the Creative Intelligence You Are*, you incentivize the reader to pour their emotions out, no matter what they are. Can you explain how you create a safe environment to step into this space with trust and deep respect?
- Besides being an expressive artist, and a transpersonal art therapist, you are also an energy healer, HeartSpeaker, and advanced cognitive coach. Tell us how you feel weaving your two main passions: art and healing together?
- When you are not creating, teaching, or writing, what are your other passions? I've heard you have a deep love for the natural world, hiking and recharging your energy in nature and the unseen worlds and all things of a mystical and energetic spirit. Are these passions new to you?
- How did you decide it was the right time to write the book, and who did you have in mind as your primary audience when writing it? If you had to highlight one takeaway from the book, what would that be? What is your biggest wish with this book?